

## APPLICATION FOR FOUNDATIONAL MBSR<sup>TM</sup>

Name: \_\_\_\_\_

Company/Clinic: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing Address: (course materials will be sent to this address)

\_\_\_\_\_

Profession: \_\_\_\_\_

How did you find out about us?

\_\_\_\_\_

Did someone in particular refer you to our training?

\_\_\_\_\_

Have you received an MBSR clearing? If so, who was your practitioner?

\_\_\_\_\_

What is your Instagram Handle? \_\_\_\_\_

How do you intend to use Mind Body Spirit Release<sup>TM</sup>? In your practice? With family and friends? For yourself?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### **VERY IMPORTANT, PLEASE READ BEFORE SIGNING:**

I fully understand that this technique I will be learning (Mind Body Spirit Release<sup>TM</sup>) is proprietary and, on my honor, agree that I will respect the developer of this technique, as well as fellow practitioners and students, by not sharing, creating, selling or teaching any of the techniques learned or any of the materials presented in this course, except without express written permission from Tracy Southwick, ND, HHP, AMP.

I also fully understand that Mind Body Spirit Release<sup>TM</sup> is never meant to diagnose, treat, cure or prescribe in any way and is never meant to take the place of medical/therapeutic care. This course and certification are based on an energy balancing technique.

# STUDENT AGREEMENT FOR MBSR™

By participating in this course, I, \_\_\_\_\_, fully understand that the technique I will be learning (Mind Body Spirit Release™) is proprietary and, on my honor, agree that I will respect the developer of this course and its content, as well as fellow practitioners and students, by not sharing, creating, selling, or teaching it to others or reproducing any of the techniques learned or any of the materials presented in this course, without the express written permission of Tracy Southwick, ND, AMP, HHP or the purchase of licensed materials - including, but not limited to, the use of materials from the class, PowerPoint slides and class notes.

I fully understand that Mind Body Spirit Release™ is never meant to diagnose, treat, cure or prescribe in any way and is never meant to take the place of medical/therapeutic care. I understand that this course and certification are based on a spiritual energy-balancing technique. I also agree that I will reference the source of any material/copy used related to Mind Body Spirit Release™ and only use material that I have been given permission to use on any platform such as social media, my handouts and websites. I acknowledge that everything I learn in this course is proprietary and agree to treat it as such. The handouts given for the purpose of client education or practice development are excluded from this agreement.

Lastly, I agree to not charge anyone for my services or market myself as a Mind Body Spirit Release™ practitioner until the time that I have been certified by the staff of Mind Body Spirit Release™ Academy. The certification and listing will be free for the first year and require renewal through completing a Mentoring Session after the 1st year and then through either a 2nd mentoring session or a Continuing Education Module every 2 years for a fee. If you do not maintain the certification, you will not be allowed to practice and receive compensation as a Mind Body Spirit Release™ Practitioner. You will also lose access to Kajabi. If you choose not to abide by the Best Practices and Code of Ethics, we will revoke access to Kajabi.

Additionally, I will only practice at the level to which I am certified.

Printed Name: \_\_\_\_\_ Date \_\_\_\_\_

Signed Name: \_\_\_\_\_

# MBSR™ MEDIA RELEASE



I hereby give Mind Body Spirit Release™ Academy permission to take photographs and video of me for the purpose of posting on Mind Body Spirit Release™ website, social media pages, and marketing material.

I hereby release and discharge Mind Body Spirit Release™ Academy from any and all claims arising out of use of the photos and/or video.

In signing this consent, I give authorization to use my picture, my video or my name as printed below.

Printed Name: \_\_\_\_\_ Date \_\_\_\_\_

Signed Name: \_\_\_\_\_

I do not wish to have Mind Body Spirit Release™ Academy to use me in any form of marketing.

Printed Name: \_\_\_\_\_ Date \_\_\_\_\_

Signed Name: \_\_\_\_\_